

KEYBOARD SUPPORT PLATFORM

ABSTRACT OF THE DISCLOSURE

A keyboard support platform includes a lower plate and an upper plate connected thereto. A bladder is disposed between the upper plate and the lower plate. The bladder is inflatable and deflatable to pivot the upper plate with respect to the lower plate. The keyboard support platform can be attached to an articulated arm that extends from a desk. A keyboard, a mouse, or both can be placed on the support platform. While using the keyboard or mouse that is placed on the support platform, a user must follow the cyclical motion of the support platform. This slight motion causes the user's hands and wrists to move which reduces the risk of developing Carpal Tunnel Syndrome.